

WHAT IS NATUROPATHY?

Hippocrates, often referred to as the "father of medicine," was one of the first to recognise how our environment, diet, and way of life can contribute to ill health. Naturopathy thrived in the 18th century in Europe and the US, and then, more recently, in Australia, in the 1970s.

Naturopaths are widely considered to be the general practitioners of natural medicine due to their comprehensive education and expertise, which covers anatomy, physiology, biological chemistry, nutrition, pharmacology, and herbal medicine.

Since its initial emergence, when it was known as the nature cure, naturopathy has maintained its commitment to holistic healing through natural means. This practice has evolved over time into a well-respected, evidence-based form of natural medicine.

WHAT CAN NATUROPATHY HELP WITH?

Naturopaths are experts in long-term health and prevention and can assist with acute and chronic conditions like gastrointestinal issues, stress and nervous tension, sleeplessness, fertility problems, headaches, joint health, and skin conditions. Naturopaths can also create tailored plans to increase energy, boost immunity, and aid in weight loss.

Naturopaths offer natural and non-invasive ways to address these concerns, be it through lifestyle changes, a nutritious meal plan, and/or herbal medicines or supplements.

WHAT CAN YOU EXPECT IN A CONSULTATION?

During your initial visit to a Naturopath, you will experience a comprehensive and detailed review of your lifestyle and health. Our Naturopaths will enquire about your symptoms, medical history, diet, and lifestyle choices. Depending on your specific needs, additional tests may be recommended. After conducting any required assessments, your Naturopath will review all the collected data and develop a personalised treatment plan. This plan may include dietary adjustments, herbal supplements, exercise recommendations, massage therapy, or other suitable modalities. Regular reviews will ensure ongoing support and optimal results.

Visit us at Health Emporium Clinic and start your journey towards vibrant health and wellbeing. Let our team of experienced and fully qualified natural medicine practitioners be your guides, providing you with personalised care and empowering you to live your best life.

Take the first step and book your consultation today!

At Health Emporium Clinic, we believe in taking a holistic approach to your health. Our team of experienced and highly qualified natural medicine practitioners are here to help you on your journey to a healthier and more balanced life. Whether you are looking for tailored solutions to address specific health issues or just want to feel your best, we have the expertise to provide you with the finest possible care and guidance.

START YOUR JOURNEY TO VIBRANT HEALTH AND WELLNESS TODAY!



Shop 31-33, Southlands Boulevard Shopping Centre,
45 Burrendah Blvd, Willetton, WA 6155
Phone: (08) 6331 6665

Welcome to



HEALTH
EMPORIUM
— CLINIC —

Your health and wellness journey starts here

BOOK A CONSULTATION TODAY

NATUROPATHY

Explore the healing power of naturopathy, a holistic approach to health that unlocks the body's natural self-healing capabilities. Our naturopaths go beyond managing symptoms and seek out and address the underlying causes of illness. By looking at the complete picture - body, mind and spirit - we can create a personalised treatment plan that limits and reduces acute and chronic health conditions, such as allergies, digestive trouble and anxiety.

At your naturopathy consultation, our team of experienced practitioners will analyse and assess every aspect of your life, including diet, lifestyle and environment. We may also recommend pathology tests, if necessary, to get an in-depth understanding of your health. As qualified naturopaths, we use evidence-based practices to provide the highest quality of care and collaborate with other healthcare providers to achieve the best results for our patients.

We blend traditional and modern wisdom to create custom treatment plans that are right for you – including herbal medicines, homeopathy, diet and lifestyle advice, and top-quality supplements. With these powerful tools, we will help you to achieve true balance and wellbeing.



Need some immediate advice?
We are happy to help.

We offer on the spot 20 minute consultations without a booking (subject to practitioner availability). This is ideal for simple treatment advice for the symptomatic relief of acute conditions like a cold or flu.

Acute Consultation	20 Mins	\$50
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NUTRITIONAL MEDICINE

Nutrition and diet have a tremendous effect on our wellbeing and health. Our nutritionists can help you reap the rewards of a healthier lifestyle. Our experts will provide personalised advice that meets your individual needs, from managing chronic illnesses like immune disorders and high blood pressure to maintaining a balanced diet. By constructing detailed meal plans and providing dietary guidance, you can attain the optimal level of health you desire. We may also suggest specific vitamins, minerals, and supplements at therapeutic dosages to bolster your health and wellbeing.

In addition, functional pathology tests may identify any nutritional imbalances and deficiencies that can be addressed to promote your overall health. Let us help you take control of your health and reach your wellness goals.

Consultation Fees

Initial Consultation	60 Mins	\$150
(includes treatment and supplement plan)		
Follow-up Consultations	30 Mins	\$90



As a bonus, you will receive:



20% DISCOUNT

ON VITAMINS AND SUPPLEMENTS recommended by your practitioner on the day of your consultation/s.

AUSTRALIAN BUSH FLOWER ESSENCES



Tap into the power of Australian Bush Flower Essences, drug-free vibrational remedies that enable emotional and spiritual harmony. Enjoy relief from anxiety, improve sleep, increase self-confidence, and even support spiritual development. Suitable for adults, children and pets, these essences are renowned for their ability to work quickly, often resulting in profound transformational changes as you untangle emotional blocks.

Uncover a new level of inner harmony with Australian Bush Flower Essence consultation.

Flower Essence Consultation and Essence	10 Mins	\$20
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OPTIMAL HEALTH SIGNATURE PACKAGE: YOUR ROADMAP TO VITALITY

Invest in your health and wellbeing with our tailored packages designed to provide comprehensive support on your journey to optimal health. Included in your package are an initial 1 hour Naturopathy consultation and two follow-up consultations, an individualised diet and eating plan and a treatment and supplements plan.

Signature Package:	\$295
Initial Consultation	60 Mins
Follow-up Consultation 1	30 Mins
Follow-up Consultation 2	30 Mins
Treatment & Supplements Plan	
Individual Diet & Eating Plan	

As a bonus, you will receive:



20% DISCOUNT

ON VITAMINS AND SUPPLEMENTS recommended by your practitioner on the day of your consultation/s.